



## DELIVERY MENU

804-360-0900

3061 Lauderdale Drive  
Richmond, VA 23233

\*\*\*\*\*

Proudly owned and operated  
by the Trak Family

From Our Kitchen  
Straight to Yours

\*\*\*\*\*



Limited delivery area

Minimum order - \$15.00

Please allow enough time  
for delivery

Delivery Hours:  
Tuesday thru Sunday  
4:30 to 9:30  
(Closed Monday)

No delivery fee

Prices do not include sales tax

Sorry, no personal checks accepted

*Menu items and prices subject to change*

## Appetizers

**Buffalo Chicken Wings** 6 \$5.99 12 \$9.99  
Plain or Hot  
Served with celery and ranch or blue cheese

**Mitchell's Mushrooms** \$8.99  
Silver dollar mushrooms stuffed with crab meat mix, topped with mozzarella cheese and butter

**Hush Puppies**  
6 order \$3.95  
12 order \$5.95

**Calamari** \$7.99  
Lightly dusted squid fried served with marinara sauce

**Shrimp Cocktail** \$8.99  
Five fresh gulf shrimp served with cocktail sauce

**Peel & Eat Shrimp** \$13.99  
One pound of steamed shrimp spiced with old bay seasoning

**Alaskan Snow Crab Legs** \$13.99  
One pound of crab legs topped with old bay seasoning

## Soup and Salads

**Soup of the Day** \$5.95

**Greek Salad** \$9.95  
Mixed greens topped with feta, kalamata olives, and pepperoncini, served with house dressing

**Add chicken** \$4.00

**Grilled Chicken Salad** \$9.95  
Crisp lettuce, shaved parmesan cheese, croutons, and our creamy Caesar dressing

**Salmon Salad** \$11.95  
Mixed greens topped with fresh vegetables and a grilled salmon fillet

Continued on next page...

**Spinach Salad** **\$11.95**

Fresh spinach topped with tomatoes, bacon, cheese, and eggs

**Tossed Salad** **\$2.89**

Served with your choice of dressing

**Baby Greek** **\$3.99**

**Dressings**

Grecian vinaigrette, honey mustard, ranch, French, and creamy Caesar dressing

## From the Sea

**Crispy Fried Shrimp** **\$14.99**

Lightly breaded gulf shrimp, fried to golden brown

**Atlantic Salmon** **\$16.99**

Grilled fresh Atlantic salmon topped with ginger mandarin sauce

**Crab Cakes** **\$16.99**

A blended mix of crab meat, herbs, and spices

**Scallops Dinner** **\$16.99**

Fresh sea scallops served fried, broiled, or blackened

**Stuffed Flounder** **\$18.99**

Fresh broiled flounder stuffed with crab meat mix

**Crab Cake and Shrimp** **\$19.99**

Our 5 oz. crab cake alongside 4 fried shrimp

**Scallops Kabob** **\$17.99**

Two skewers of sea scallops with onions, peppers, mushrooms, and tomatoes

**Lynhaven Flounder** **\$14.95**

Fresh fillet of flounder broiled or fried

**Fried Seafood Platter** **\$19.99**

Fried shrimp scallops, crab cake, fillet of fish, and hush puppies

All above seafood dinners served with cole slaw and one side: French fries, baked potatoes, or vegetable of the day.

## Dinners

**Chicken Alfredo** **\$15.99**

Marinated grilled chicken, broccoli, and spinach tossed with alfredo sauce, served over linguini

**Spicy Shrimp and Chicken** **\$16.99**

Shrimp, grilled chicken, and mushrooms tossed with spicy cayenne peppers and cream sauce served over penne

**Chicken Parmigiana** **\$13.99**

Breaded chicken alongside angel hair baked with marinara sauce and mozzarella cheese

**Baked Angel Hair** **\$10.99**

Angel hair pasta baked with our meat or marinara sauce and mozzarella cheese

**Penne ala Vodka** **\$14.99**

Marinated grilled chicken and spinach tossed in a vodka cream sauce, served over penne pasta

**Poseidon's' Alfredo** **\$16.99**

Sautéed Sea scallops and gulf shrimp tossed in our homemade alfredo sauce, served over linguini

**Mediterranean Angel** **\$16.99**

Angel hair pasta tossed with shrimp, scallops, black olives, feta cheese, and marinara sauce

**Chicken Marsala** **\$15.99**

Sautéed chicken cutlets topped with mushrooms and marsala sauce, served over linguini

**Chicken Kabob** **\$15.99**

Two skewers of chicken grilled with onions, peppers, and mushrooms, served over rice

**Beef Kabob** **\$16.99**

Beef tenders skewed with vegetables, served over rice

All dinners served with rolls

## Pizza 14"

**Fresh dough made daily!**

**Seafood Delight** **\$16.95**

Olive oil, garlic, Romano, parmesan, mozzarella cheese, sun-dried tomatoes, red onions, shrimp, and claw crab meat

**Greek Pizza** **\$14.95**

White pizza with garlic and olive oil topped with mozzarella, spinach, feta, onions, black olives, and diced tomatoes.

**Cheese** **\$9.95**

Red sauce with mixture of mozzarella and white cheddar cheese

**Pepperoni or Sausage** **\$11.50**

Red sauce, cheese with pepperoni, or sausage

**Add 1 topping for \$2.00**

Toppings: mushrooms, black olives, sausage, pepperoni, onions, spinach, grilled chicken

## Desserts

**Tiramisu** **\$5.95**

Rich layers of marscapone cheese, chocolate, and lady fingers, soaked in espresso and kahlua

**Key Lime Pie** **\$4.95**

Tart flavor of key limes blended creamy and smooth in a graham cracker crust

**Triple Decker** **\$5.95**

Three layers of rich chocolate fudge between moist layers of chocolate cake, topped with miniature chocolate chips